



presented by:

**Sally's Y and Lincoln Charter School**  
Friday, January 1st – 10:00 a.m.  
Sally's Y site Denver, NC  
(Rain or Shine)

AWARDS AND AGE GROUPS: Awards to the top 3 overall and masters male and female finishers. Medals to top 3 male and female finishers in the following age groups: 13 and under, 14-18, 19-29, 30-39, 40-49, 50-59,60-69,70 and over.

ENTRY FEES:	Before Dec.18th	\$20.00 per person
(non-refundable)	After Dec. 18th	\$25.00 per person
	Tee Shirts (Ordered by Dec. 18th)	\$15.00

REGISTRATION: Mail completed form with entry fee to  
GOTR Lincoln County, 7834 Galway Lane, Denver, NC 28037  
email: [Melissa.Lasarsky@GOTRLincolnCounty.org](mailto:Melissa.Lasarsky@GOTRLincolnCounty.org) or register on line at [www.GOTRLincolnCounty.org](http://www.GOTRLincolnCounty.org)

DIRECTIONS: Take new Hwy 16 to Optimist Club Rd. Turn right, then take next left into business park and follow signs.

PACKET AND T-SHIRT PICK UP: Lincoln Charter School, 7834 Galway Lane, Denver, NC 28037

TIMING AND RESULTS: Queen City Timing

Last Name \_\_\_\_\_ First Name \_\_\_\_\_

Address \_\_\_\_\_ Phone \_\_\_\_\_

City / State / Zip \_\_\_\_\_ E-mail \_\_\_\_\_

Male:\_\_\_ Female:\_\_\_ Age:\_\_\_\_\_ T-Shirt Size (circle) XS S M L XL Youth S Youth M Youth L  
Tee shirts are long sleeve. Sizes are only guaranteed if registered by the 18th.

Chip # \_\_\_\_\_  
(official use only)

Total Race Entry Fees (made payable to GOTR Lincoln County) \$ \_\_\_\_\_

Additional Donation for Girls on the Run \$ \_\_\_\_\_

Total Amount of Payment included \$ \_\_\_\_\_

#### PARTICIPANT WAIVER

Please read, sign and return- In consideration of the acceptance to the New Balance Girls on the Run 5K Trail Run, I waive all claims for myself, my heirs and assignees against Girls on the Run of Lincoln County, Lincoln County, Queen City Timing and all Girls on the Run sponsors, promoters and volunteers for Injury or Illness which may result from my participation, I am in proper physical condition to compete in the event. I also give my permission for the free use of my name and picture in any written account, broadcast or telecast of this event for any legitimate purpose, I understand that if the race is canceled because of circumstances beyond the control of the race committee and sponsors, my entry fee may not be returned.

Signature of Participant \_\_\_\_\_

Signature of Parent or Guardian (if under 18) \_\_\_\_\_